

# Kelvedon

## **United Reformed Church**

89 High Street
Kelvedon CO5 9AE
Notices and News for
January 2026



## Happy New Year to all

## **Colne Valley Primary Care Network - Cancer Support Group:**

Are you seeking a supportive community to share experiences, gain strength and find comfort? Our Cancer Support Group provides a safe and welcome space for all those affected by Cancer, whether you are newly diagnosed, undergoing treatment or in remission. This group is open to everyone on their cancer journey. We meet on the 1st Monday of every month from 1pm to 3pm at Kelvedon United Reformed Church. No booking required, just turn up.

<u>Danbury Mission Church Women's Conference</u>: Saturday 14th Mar 2026 - Booking for the conference opens on 11th Jan 2026, the speaker will be Rachel Jones and the title is "Restored". Please contact Gwyn Pegram for more information.

## **Regular Events:**

<u>Ist Monday of each month:</u> Colne Valley Primary Care are hosting a Cancer Support Group 1:00pm - 3:00pm <u>Mondays: House Group:</u> The House Group meet every Monday from 10:30 to 12:00 in the rooms at the back of the Church for a time of Bible Study followed by prayers/prayer requests.

<u>Tuesdays:</u> - <u>9.15 - Lunchtime</u>: Weekly maintenance at the Church. If you can lend a hand, please do just come along, there are plenty of jobs that need doing in and around the halls & sanctuary. For more information, please contact Trevor Andrews.

<u>Tuesday: Place of Welcome: 10:00am to 12:00</u>: Place of Welcome will continue every Tuesday throughout the the Autumn and Winter. Please come along for a friendly chat a cuppa and a biscuit in a warm friendly place. Please contact Lea Finch 07914 238456 for more details.

<u>Tuesday Lunches: 12:00 – 2:00pm:</u> Our Tuesday Lunches are on the 1st & 3rd Tuesday of the month during the winter period, and we are offering a meal of Soup, a Roll and Dessert. Booking is essential for catering purposes. Please contact Lea Finch to book your place. Everyone is welcome to come and join us.

<u>Tuesday: Stretch & Glow:</u> Chair based exercises to help keep you fit and trim. Everyone is welcome. Contact Andrea Wash for more details. Our last class will be on Tuesday 16th December, restarting in February 2026

<u>Thursday</u>: - <u>Little Lambs</u>: Little Lambs meet every Thursday <u>during School term time</u> 10:30 - 12:00 in the church, contact Lynn Hyde 07896 190288. <u>Restarting on 8th Jan 2026</u>

## **Church Flowers:**

Christine Lawrence would like to thank members of the Congregation who donated money for Church flowers during the year. The new lists for 2026 are on the notice board in the coffee area should anyone wish to book a date in remembrance of a special person or occasion. Please speak to Anne or Christine should you like to do so, and they will happily choose, to your liking, and arrange the flowers.

If there is anyone who would like to join Anne and Christine arranging flowers, even on an occasional week, they would be grateful.

# Future Events Place of Welcome - Tuesday

6th Jan, 13th Jan, 20th Jan, 27th Jan, 3rd Feb, 10th Feb, 17th Feb, 24th Feb, 3rd Mar, 10th Mar, 17th Mar, 24th Mar.

## Warm Hub - Tuesday

6th Jan, 20th Jan, 3rd Feb, 17th Feb, 3rd Mar, 17th Mar.

#### The Church at the heart of the villages, with Christ at the heart of the Church

## **Other Event Dates**

1st Jan-New Years Day, 5th Jan - Cancer Support Group. 14th Jan - Elders Meeting, 25th Jan - Church Meeting after Morning Service, 25th Jan - Burns Night, 2nd Feb - Cancer Support Group, 14th Feb - St Valentines Day, 17th Feb - Shrove Tuesday, 18th Feb - Ash Wednesday, 22nd Feb - 1st Sunday in Lent. 1st Mar- St. David's Day, 2nd March - Cancer Support Group, 15th Mar - Mother's Day, 17th Mar - St. Patrick's Day, 29th Mar -British Summer Time begins.

## Church Services for January & February 2026 All Services start at 10:30 am unless otherwise stated.

Date	Preachers	<b>Duty Elder</b>	Door Duty	Refreshments	Piano
4th Jan- Communion	Ernie Finch	Neil Peacock			
11th Jan -	Trevor Andrews	Lynn Hyde		Anne & Keith	
18th Jan -	Mike Shelbourne	John Loy	Lynn	Lynn & Jim	
25th Jan - Includes a Church Meeting after the service	Revd Joshua Norris	Jeremy Greenhalgh	Ruby	Eileen & Paula	
1st Feb - Communion	Revd Joshua Norris	Janet Davies			
8th Feb	Gill Heathcote	Trevor Andrews			
15th Feb	Jean Summers	Lea Finch		Anne & Keith	
22nd Feb - 1st Sunday in Lent	Mark Ambrose	Neil Peacock			

## **Elders & Church Meetings**

<b>Elders Meetings</b>	<b>Church Meetings on Sundays after Morning Service</b>		
Wednesdays @ 7:30pm	unless otherwise advised.		

18th March 2026 29th March 2026 (Incl. AGM) 14<sup>th</sup> Jan 2026 25<sup>th</sup> Jan 2026 Weds 8th July 2026 @ 7:30pm 20<sup>th</sup> May 2026 24<sup>th</sup> June 2026 31st May 2026

22<sup>nd</sup> Nov 2026 20th Sept 2026 9<sup>th</sup>/16<sup>th</sup> Sept 2026 18th Nov 2026

Dates and times for Elders and Church Meetings subject to change

Any items for inclusion in the Agenda for the Church Meeting to be given/sent to Neil or Jeremy please.

## Contact Details for Minister, Elders and Safeguarding

Minister: Revd Joshua Norris – revipnorris@gmail.com – 07930 128116

#### **Elders:**

Neil Peacock- neil@datatrieve.co.uk – 01376 572114.

Jeremy Greenhalgh – jeremy.greenhalgh@btinternet.com – 07799 435671 Janet Davies – <u>janetdavies177@btinternet.com</u> – 07900 213833

Trevor Andrews - trevorandrews65@gmail.com - 07765 357422

Lea Finch - leafinch64@gmail.com 07914 238456

Lynn Hyde - lynnhyde6@gmail.com - 07896 190288

**Safeguarding:** Emma Keegan – safeguarding@kelvedonurc.org.uk – 07547 963059

		Hall Hires		January		2026
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4 Ernie Finch
5 9.15-10.15 Pilates 10.30-12:00 Bible Study 1:00 – 3:00 Cancer support Group	6 9-1.30 PoW/Warm Wel 7-9 PHAD (Dance Studio)	7 1-2 BabySling 4-9 PHAD (Dance Studio)	8 9-12 Little Lambs 1:30 -4:30 Sewing Club 7-10 WI Sanctuary & Halls	9	10	11 Trevor Andrews
12 9.15-10.15 Pilates 10.30-12:00 Bible Study 2:00 – 4:00 Knitting Group	13 9-12 PoW 2:30 – 4.00 Chair Ex 7-9 PHAD (Dance Studio)	14 10:00 – 12:00 Band Practise 1-2 BabySling 4-9 PHAD (Dance Studio) 7:30 Elders meeting	9-12 Little Lambs	16	17	18 Mike Shelbourne
19 9.15-10.15 Pilates 10.30-12:00 Bible Study 2:00 – 4:00 Good Companions	9-1.30 PoW/Warm Wel 2:30 – 4.00 Chair Ex 7-9 PHAD (Dance Studio)	21 1-2 BabySling 4-9 PHAD (Dance Studio)	9-12 Little Lambs 1:30 -4:30 Sewing Club	23	24	Revd Joshua Norris (Church Meeting)
26 9.15-10.15 Pilates 10.30-12:00 Bible Study 2:00 - 4:00 Knitting Group 7.30-9 Steering Group	9-12 PoW 2:30 – 4.00 Chair Ex 7-9 PHAD (Dance Studio)	28 1-2 BabySling 4-9 PHAD (Dance Studio)	9-12 Little Lambs	30	31	1 Revd Joshua Norris 2 – 5 Games Afternoon

## Time for a Laugh

## Where in the World?

How good is your geography? Can you name these ten countries from the clues given?

- 1. It lies between France and Holland?
- 2. It lies between Spain and the Atlantic Ocean.
- 3. It is an island country just off the coast of India.
- 4. Its neighbours are Russia and Sweden.
- 5. It is bound by Yugoslavia to the north and Greece to the south.
- 6. Sardinia is a part of this country.
- 7. An island country that just overlaps the Arctic circle.
- 8. The first country north of Jamaica.
- 9. The country between India and Burma
- 10. The country that reaches furthest north in Africa.

## Which is right?

"Seven eights are fifty-eight" or "Seven eights is fifty-eight"?

## Which is heavier?

"A pound of feathers or a pound of lead"?

## Some of Murphy's other laws.

A fine is a tax for doing wrong. A tax is a fine for doing well.

A day without sunshine is like, well, night.

Nothing is fool proof to a sufficiently talented fool.

He who laughs last, thinks slowest.

The Church at the heart of the villages, with Christ at the heart of the Church

#### Will I live to see 80?

I recently picked a new primary care doctor. After two visits and exhaustive lab tests, he said I was doing 'fairly well' for my age. A little concerned about that comment, I couldn't resist asking him, "Do you think I'll live to be 80?"

He asked, "Do you smoke tobacco, or drink beer or wine?"

"Oh no," I replied, "I'm not doing drugs, either!"

Then he asked, "Do you eat rib-eye steaks and barbecued ribs?"

I said, "Not much. My former doctor said that all red meat is very unhealthy!"

"Do you spend a lot of time in the sun, like playing golf, sailing, hiking, or bicycling?"

"No, I don't," I said.

He asked, "Do you gamble, drive fast cars, or do lots of love?"

"No," I said.

He looked at me and said, "Then, why do you even worry?"

## **Senior Exercises**

The doctor told me to start an exercise routine. Not wanting to harm this old body, I've devised the following: Beat around the bush.

Jump to conclusions.

Climb the walls.

Wade through the morning paper

Drag my heels.

Push my luck.

Make mountains out of molehills.

Hit the nail on the head.

Bend over backwards

Jump on the Band Wagon

Run around in circles.

Advise the Prime Minister on how to run the country.

Toot my own horn

Pull out all the stops.

Add fuel to the fire.

Open a can of worms.

Put my foot in my mouth.

Start the ball rolling.

Go over the top.

Pick up the pieces.

Kneel in prayer.

Bow my head in thanksgiving.

Uplift my hands in praise.

Hug someone and encourage them.

What a workout!

## **Where in the world Answers:**

1. Belgium, 2. Portugal, 3. Sri Lanka (Ceylon), 4. Finland, 5. Albania, 6. Italy, 7. Iceland, 8. Cuba, 9. Bangladesh, 10. Tunisia

Which is right? Answer: Neither! Seven eights are (or is) Fifty-Six!

Which is heavier? Answer: Neither! They both weigh a pound!